

**“Enough about Me, How Do You Like Me?
How Social Networking Is Making Us Fall in Love with Ourselves”
by Shane Hipps**

1. Shane Hipps points out that narcissism is on the rise in our culture. What evidence do you see of narcissism in your workplace, in popular culture, entertainment, politics, even in religious life? Why do you think it's more prevalent than in the past? Or do you think it's less prevalent? about the same? Why?
2. What is it about technology that might contribute to narcissism? In what way could social networks such as Facebook have the opposite affect? That is, could social networks actually promote consideration of others? How?
3. Hipps notes that technologies like Twitter make communication fast but shallow. People send off messages without the advantage of deliberating and reasoning. For centuries, technology has developed to speed up production and make labor and leisure easier for us. Did we become more shallow with other technologies, like the printing press and the telephone? Where is the balance between efficiency and depth?
4. Talk with each other about “fasting” from technology for a period of time. What are some substitutes for social networking, e-mail, and cell phones? Plan to debrief your experience next time you meet. Avoid sharing your experience on a social network!