

Brethren Academy for Ministerial Leadership proudly offers

## Healing Racial Trauma: The Road to Resilience and Beloved Community

MINISTERS' ASSOCIATION PRE-CONFERENCE  
CINCINNATI, OH

JULY 3-4, 2023

[REGISTER ONLINE](#)

### Directed Independent Study Unit (DISU) Description and Objectives



Audrey Hollenberg-Duffey

In her book, *Healing Racial Trauma: The Road to Resilience*, Sheila Wise Rowe says she hopes that her work will lead to “greater empathy and activism” as well as solidarity and challenge. This is the centerpiece of the course, as well as attending the Brethren Ministers’ Association continuing education event on “Healing Racial Trauma: The Road to Resilience and Beloved Community” on July 3-4, 2023. The workshop will be led by Sheila Wise Rowe, who has written extensively about Christ-centered and psychologically grounded emotional healing, especially as it relates to racism and racial trauma.

Students who participate in this DISU will take Wise Rowe’s work and further apply it to their lives and their ministry. After completing this course, students will be able to:

- understand Wise Rowe’s articulation of racism, trauma, and resiliency.
- articulate the problem of racial trauma using faith-based language.
- guide a conversation with a congregation who wishes to better understand the roots and problems of racial trauma.

### Directed Independent Study Unit (DISU)

This course is available to:

- TRIM/EFSM students-fulfills  
1 M/MS unit and AC experience
- CEU credit:  
2 units
- Personal Enrichment

Course fee \$115.00

Must also register for the Ministers Association Pre-Conference Event.

**Registration deadline:  
May 29, 2023**

#### **This is a two-step registration and payment process:**

1. Fill out the attached registration form and return payment of **\$115 to the Brethren Academy** for the DISU credit (or go online to register, choose DISU and pay online at [Brethren Academy](#). Please include the course name and credit type.
2. Fill out the registration form for the Pre-Ministers Association event, (<http://www.brethren.org/ministryoffice/sustaining.html>) and pay the appropriate fee for the Brethren Minister’s Association Pre-AC Continuing Education Event:
  - \$50 EFSM/TRIM fee
  - \$50 if first time attendee
  - \$90 for individual

### Speaker: Sheila Wise Rowe

Sheila Wise Rowe is a truth-teller who is passionate about matters of faith and emotional healing. She advocates for the dignity, rights, and healing of abuse and racial trauma survivors, and racial conciliation. Sheila holds a Master's in counseling psychology and over twenty-eight years of experience as a Christian Counselor, Spiritual Director, Educator, Writer, and Speaker.

**Brethren Academy for****Ministerial Leadership**

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Richmond, IN 47374

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academy@

bethanyseminary.edu

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**Course Withdrawal Refund Policy**

100% of course fee prior to registration deadline

50% from the registration deadline to the first day of class

No refunds will be given once the class has begun

Exceptions require the approval of the Director of the Brethren Academy

**To earn CEU credit**

Participant will

- Meet the attendance requirement

-Complete the assigned reading

-Engage in the course through participation

-Complete reduced assignments as outlined in the syllabus

**Instructor: Audrey Hollenberg-Duffey**

Audrey Hollenberg-Duffey is the new Coordinator of English-Language Ministry Training Programs for the Brethren Academy. She also serves as a co-pastor with her spouse, Tim, at the Oakton Church of the Brethren in northern Virginia.

**Required Texts to be Read Prior to Course**

Wise Rowe, Sheila. *Healing Racial Trauma: The Road to Resilience*. Downers Grove, IL: InterVarsity Press, 2020. ISBN #978830845880.

Wise Rowe, Sheila. *Young, Gifted, and Black: A Journey of Lament and Celebration*. Downers Grove, IL: InterVarsity Press, 2022. ISBN #9781514003558.

Other readings will be provided.

**Participants**

Students taking the Directed Independent Study Unit will fully participate in the Brethren Ministers' Association Pre-Conference Event, as well as two sessions immediately prior to and following the event.

**Schedule**

**Schedule:** July 3: 4-5pm DISU Session 1 (location TBD)  
Attend Continuing Education Event

July 4: 4-5:30pm DISU Session 2 (location TBD)

**Travel and Lodging**

Transportation, lodging and meals are the participant's responsibility.

**Healing Racial Trauma: The Road to Resilience and Beloved Community – July 3-4, 2023**

[Register online](#), Choose DISU, or fill out following information and return, along with payment to:  
Brethren Academy \* 615 National Road West \*Richmond, IN \* 47374

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Best contact phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

I will be taking this course for: \_\_\_ TRIM credit    \_\_\_ EFSM credit    \_\_\_ CEU credit    \_\_\_ PE

Course Fee: \$115 payable to Brethren Academy

Registration Deadline: May 29, 2023